



<u>Monday</u>			<u>Tuesday</u>			<u>Wednesday</u>			<u>Thursday</u>			<u>Friday</u>		<u>Saturday</u>	
A	B	C	A	B	C	A	B	C	A	B	C	A	B	A	B
8:30-10 BJJ Open			10:30 To 11:15 Thai Kick	10:30 To 11:15 Pre School		8:30-10 BJJ Open			10:30 To 11:15 Thai Kick	10:30 To 11:15 Pre School				9:15-10 Thai kickbox	
10-10:45 Thai kickbox	Sparring Gear Required Juniors + Purple Belt and above on Mondays and Tuesdays					10-10:45 Thai kickbox						1-2:15 BJJ Open			9:30-10:15 Jr / Pre W- orange
			12:05- To 12:50 Adult All Ranks						12:05- To 12:50 Adult All Ranks					10:15- 11:00 JR Purple- Green	10:00- 12:00 BJJ Open Mat
4:00-4:45 Jr. Black / Rec. Black			1:05-1:55 Preschool Open			4:00-4:45 Junior Black	4:00-4:45 Junior White - Orange		1:05-1:55 Preschool Open			4:00-4:45 Junior Purple- green		11:00- 12:00 Sparring	
4:45-5:30 Jr. Purple -Brown			4:00-4:45 Junior White - Orange			4:45-5:30 Rec. Black			4:00-4:45 Junior White - Orange			4:45-5:30 Rec. Black	4:45-5:30 Junior White - Orange	12:00- 12:45 Jr Brown + above Forms	
5:30-6:15 Thai Kickbox			4:45-5:30 Jr. Purple -Brown	5:30-6:15 Junior BBC		5:30-6:15 Junior Brown	5:30-6:15 Preschool Open		4:45-5:30 Junior Brown	4:45-5:30 Junior Purple - Green		5:30-6:15 Junior Black	5:30-6:15 Junior Brown	12:45-1:30 Adult Open Thai Self Defense	
6:15-7:00 Jr. Purple - Brown	6:15-7:00 Junior White - Orange	6:15-7:15 Beg MMA	5:30-6:15 Thai Kickbox		5:30-6:30 Kids BJJ	6:15-7:00 Junior BBC	6:15-7:00 Junior White - Orange	6:15-7:15 Beg MMA	5:30 - 6:15 Junior Black	5:30-6:15 Preschool Open	5:30-6:30 Kids BJJ	6:15-7:00 Adult White - Brown Thai kick			
7:00-7:45 Black Rec. / Blk. All	7:30-8:30 BJJ Blue Belt Program	7:30-9 pm Pro MMA Team	6:15-7:00 Jr. Black / Rec. Black		6:35-7:35 BJJ Blue Belt Program	7:00-7:45 Junior Black Belts	7:00-7:45 Junior Purple - Green	7:30-9 pm Pro MMA Team	6:15-7:00 Thai Kickbox	6:15-7:00 Junior Brown	6:35-7:35 BJJ Blue Belt Program	7:00-7:45 Dream Team	7:00-7:45 Master Club		
8:30-10:00 BJJ Purple Program			7:00-7:45 Thai Kickbox	7:00-7:45 Adult White - Brown	7:45-9:15 BJJ Purple Program	7:45-8:30 Thai Kickbox	7:45-8:45 BJJ Blue Belt Program		7:00-7:45 Rec. Black	7:00-7:45 Adult White- Brown	7:45-9:15 BJJ Purple Program	Ask About our <b>AWESOME</b> Karate Birthday Parties Book your Childs birthday party today! Each 90 minute party includes all the paper goods, lots of games, juice, cake, a piñata, plus much, much more!			
			7:45-8:30 Adult Black Rec. Blk.			8:30-10:00 BJJ Purple Program			7:45-8:30 Adult Black 13 above	7:45-8:30 Thai Kickbox					